

ABSTRAK
SEKOLAH TINGGI ILMU KESEHATAN (STIK)
BINA HUSADA PALEMBANG
PROGRAM STUDI KESEHATAN MASYARAKAT
Skripsi, Agustus 2024

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Pengaruh Sosialisasi Bantuan Hidup Dasar (BHD) terhadap Peningkatan Pengetahuan dan Keterampilan pada Siswa SMA Negeri 1 Martapura Kabupaten OKU Timur Tahun 2024
(xii + 49 halaman , 9 Tabel , 1 Bagan, 5 Lampiran)

Sosialisasi Bantuan Hidup Dasar (BHD) pada siswa SMA dibutuhkan untuk meningkatkan pengetahuan dan keterampilan, sehingga siswa terampil dalam menolong korban henti jantung dilingkungan sekolah.

Tujuan penelitian adalah diketahuinya pengaruh Sosialisasi Bantuan Hidup Dasar (BHD) terhadap peningkatan pengetahuan dan keterampilan pada siswa SMAN 1 Martapura Kabupaten OKU Timur. Desain penelitian menggunakan *quasi experiment* dengan *One Grup Design pretest-posttest*. Populasi kelas X dan XI yang mengikuti ekstrakurikuler Palang Merah Remaja (PMR). Sampel penelitian berjumlah 25 orang. Sampel menggunakan teknik *purposive sampling*. Analisis data menggunakan uji statistik *Wilcoxon*.

Analisis Univariat didapatkan sebelum dilakukan Sosialisasi seluruh siswa berjumlah 25 orang (100%) memiliki nilai *pre-test* dengan kategori Kurang. Sesudah Sosialisasi didapatkan hasil siswa dengan pengetahuan kategori baik berjumlah 23 siswa (92 %) dan siswa pengetahuan kategori cukup berjumlah 2 siswa (8%). Sedangkan keterampilan setelah sosialisasi sebanyak 25 siswa (100 %) memiliki kategori Baik.

Hasil analisa bivariat uji statistik *Wilcoxon* diperoleh *p-value* pengetahuan dan keterampilan yaitu $p = 0,000 < 0,05$. Menunjukkan bahwa ada pengaruh Sosialisasi terhadap peningkatan pengetahuan dan keterampilan pada siswa SMAN 1 Martapura OKU Timur.

Simpulan penelitian bahwa Sosialisasi Bantuan Hidup Dasar (BHD) dapat mempengaruhi pengetahuan dan keterampilan siswa. Diharapkan sekolah tempat penelitian dapat membuat media pendidikan kesehatan Bantuan Hidup Dasar (BHD) yang diletakan ditempat strategis sehingga siswa dapat terus memahami prosedur Bantuan Hidup Dasar (BHD).

Kata Kunci : Bantuan Hidup Dasar (BHD), Pengetahuan, Keterampilan
Daftar Pustaka : 31 (2001 – 2020)

ABSTRACT
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The Effect of Basic Life Support (BLS) Training on Improvement of Knowledge and Skills among Students of Public Senior High School 1 Martapura, OKU Timur Regency in 2024
(xii + 49 pages, 9 Tables, 1 Figures, 5 Appendices)

Basic Life Support (BLS) training for high school students is necessary to enhance knowledge and skills, enabling students to effectively assist cardiac arrest victims in school and community settings.

The aim of this study is to determine the influence of Basic Life Support (BLS) training on increasing knowledge and skills among students of Public Senior High School 1 (SMA Negeri 1) Martapura, OKU Timur Regency. This study employs a quasi-experimental design with a One Group pretest-posttest design. The population of 10th and 11th grade students participating in the Youth Red Cross (YRC) extracurricular activity. The sample size is 25 students, selected purposive sampling technique. Inclusion and exclusion criteria were applied to ensure the sample characteristics do not deviate from the population. Data analysis was conducted using the Wilcoxon statistical test.

Univariate analysis, before the Basic Life Support training, all 25 students (100%) had pre-test scores in the low category. After the Basic Life Support training, 23 students (92%) were categorized as having good knowledge and 2 students (8%) as having sufficient knowledge. In terms of skills, after the training, all 25 students (100%) were categorized as good.

Bivariate analysis using the Wilcoxon statistical test, the p-value for knowledge and skills was $p = 0.000 < 0.05$. This indicates there is a significant influence of training on improving the knowledge and skills among students of SMA Negeri 1 Martapura, OKU Timur Regency.

The conclusion of this study is that Basic Life Support (BLS) training can significantly improve students' knowledge and skills. It is recommended school in the research was conducted develop Basic Life Support (BLS) educational materials to be placed in strategic locations, so students can continuously be reminded of the correct procedures for Basic Life Support (BLS).

Keywords: Basic Life Support (BLS), Knowledge, Skills, School
References: 25 (2001 – 2020)