

**ABSTRAK**  
**SEKOLAH TINGGI ILMU KESEHATAN**  
**BINA HUSADA PALEMBANG**  
**PROGRAM STUDI KEPERAWATAN**  
**Skripsi, Maret 2024**

**NESIANTI**

**Hubungan Kepatuhan Minum Obat Dengan Tingkat Kekambuhan Pasien Skizofrenia di Wilayah Kerja UPT Puskesmas Seri Tanjung Kabupaten Ogan Ilir tahun 2024**  
**(xiv + 58 halaman + 5 tabel + 3 Bagan + 10 lampiran)**

Masih banyaknya kasus Orang dengan Gangguan Jiwa khususnya Wilayah Kerja UPT Puskesmas Seri Tanjung Dari 60 pasien gangguan jiwa hanya 34 pasien yang rutin melakukan kontrol ulang. Hal ini menunjukkan bahwa masih rendahnya kesadaran masyarakat untuk membawa anggota keluarganya yang mengalami gangguan jiwa. Penelitian ini bertujuan untuk mengetahui hubungan kepatuhan minum obat dengan tingkat kekambuhan pasien *skizofrenia* di Wilayah Kerja UPT Puskesmas Seri Tanjung Kabupaten Ogan Ilir.

Metode penelitian yang digunakan analitik kuantitatif dengan pendekatan *cross sectional*. Penelitian ini dilaksanakan di Wilayah kerja UPT Puskesmas Seri Tanjung. Pada Tanggal 20 Januari 2024 s/d 02 Februari 2024. Populasi adalah semua pasien *skizofrenia* di Wilayah Kerja UPT Puskesmas Seri Tanjung dengan jumlah sampel sebanyak 60 responden yang diambil dengan menggunakan teknik *total sampling*. Instrument penelitian menggunakan lembar kuesioner MMAS-8. Analisis data menggunakan analisis univariat dan analisis bivariat dengan menggunakan uji *chi square*.

Hasil penelitian dari 60 responden yang mengalami kekambuhan sebanyak 34 responden (56,7%), kepatuhan minum obat rendah sebanyak 29 responden (48,3%). Hasil uji statistik *chi square* diperoleh nilai  $p\ value = 0,002 < 0,05$ . Kesimpulan: ada hubungan kepatuhan minum obat terhadap tingkat kekambuhan pasien *skizofrenia* di Wilayah Kerja UPT Puskesmas Seri Tanjung Kabupaten Ogan Ilir tahun 2024.

Diharapkan kepada pihak puskesmas agar dapat mengaktifkan kader jiwa dan mengadakan kembali jadwal kunjungan rumah pasien ODGJ, serta mengadakan posyandu jiwa di 9 desa yang ada di Wilayah Kerja UPT Puskesmas Seri Tanjung serta melakukan penyuluhan pada keluarga ODGJ untuk mendukung keluarga agar pasien dapat melakukan pengobatan secara patuh.

Daftar Pustaka : 41 (2015-2023)

Kata Kunci : *Skizofrenia*, Kepatuhan Minum Obat, Tingkat Kekambuhan

**ABSTRACT**  
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**NURSING STUDY PROGRAM**  
**Thesis, March 2024**

**NESIANTI**

*The Relationship between Medication Adherence and the Recurrence Rate of Schizophrenia Patients in the UPT Working Area of Seri Tanjung Public Health Center, Ogan Ilir Regency in 2024*  
(xiv + 58 pages + 5 tables + 3 charts + 10 appendices)

*There are still many cases of people with mental disorders, especially in the UPT Working Area of the Seri Tanjung Community Health Center. Of the 60 patients with mental disorders, only 34 patients regularly undergo re-control. This shows that there is still low public awareness about bringing in family members who experience mental disorders. This study aims to determine the relationship between medication adherence and the recurrence rate of schizophrenia patients in the Seri Tanjung Health Center UPT Working Area, Ogan Ilir Regency.*

*The research method used is quantitative analysis with a cross sectional approach. This research was carried out in the UPT Seri Tanjung working area from 20 January 2024 to 02 February 2024. The population was all schizophrenic patients in the Seri Tanjung Community Health Center with the total sample of 60 respondents, were taken using total sampling techniques. The research instrument uses a questionnaire sheet. Data analysis used univariate analysis and bivariate analysis using the chi square test.*

*The research results of 60 respondents who experienced a recurrence were 34 respondents (56.7%), compliance with taking medication was low as many as 29 respondents (48.3%). The results of the chi square statistical test obtained a p value = 0.002 < 0.05. Conclusion: there is a relationship between medication adherence and the recurrence rate of schizophrenia patients in the UPT Working Area of the Seri Tanjung Health Center, Ogan Ilir Regency in 2024.*

*It is hoped that the community health center will be able to activate mental health cadres and re-schedule home visits for ODGJ patients, as well as holding mental health posts in 9 villages in the UPT Work Area of the Seri Tanjung Community Health Center as well as conducting outreach to families of ODGJ to support families so that patients can carry out treatment obediently.*

*References : 41 (2015-2023)*

*Keywords : Schizophrenia, Compliance with Medication, Recurrence Rate*